

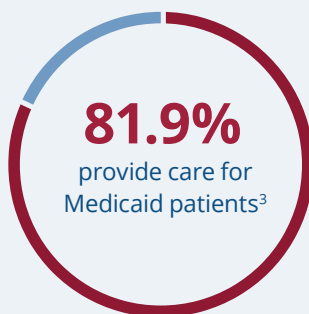
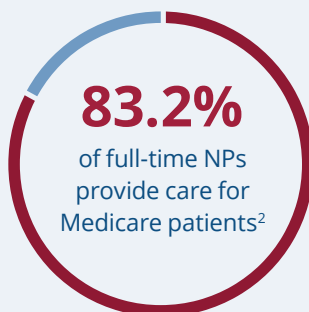
NPs: Better Health Access for Our Nation's Seniors

Today's seniors are taking a more active role in their health care and are looking for health care providers who will help them achieve their personal health goals. As clinicians who blend clinical expertise in diagnosing and treating health conditions with an emphasis on disease prevention and health management, nurse practitioners (NPs) are increasingly meeting that need.

A need that is increasing. America's population is aging, and by 2030, approximately 80 million seniors will be Medicare beneficiaries. America's seniors are also experiencing more of chronic disease. By 2030, 4 in 10 seniors are predicted to be diagnosed with heart disease or diabetes.¹

NPs play a critical role in ensuring high-quality health care access for aging adults. NPs provide in-demand health care services to seniors across a wide range of settings, from primary care practices to hospitals, long-term care, telehealth, and in patients' homes.

Serving Seniors in Medicare and Medicaid



Caring for Seniors Where They Live



NPs are increasingly providing house calls.



NPs provided 1 million+ visits in patients' homes — Nearly a quarter of all residential visits — to Medicare fee-for-service beneficiaries.⁴

Producing Healthy Outcomes



Medicare and Medicaid patients in states with FPA experience **50% fewer unnecessary hospitalizations.**⁵



Medicare and Medicaid patients seen by primary care NPs had lower rates of hospital admissions, readmissions and inappropriate emergency department use.⁶

1. Dana Goldman and Étienne Gaudette. Strengthening Medical Care for 2030: Health and Health Care of Medicare Beneficiaries in 2030. Leonard D. Schaeffer Center for Health Policy & Economics and Center for Health Policy at Brookings, June 2015. <https://www.brookings.edu/research/strengthening-medicare-for-2030-a-working-paper-series/>.
2. 2022 AANP National Nurse Practitioner Workforce Survey — Preliminary Analysis.
3. Ibid.
4. Yao NA, Rose K, LeBaron V, Camacho F, Boling P. Increasing Role of Nurse Practitioners in House Call Programs. J Am Geriatr Soc. 2017 Apr;65(4):847-852. doi: 10.1111/jgs.14698. Epub 2016 Dec 28. PMID: 28029709.
5. Oliver GM, Pennington L, Revelle S, Rantz M. Impact of nurse practitioners on health outcomes of Medicare and Medicaid patients. Nurs Outlook. 2014 Nov-Dec;62(6):440-7. doi: 10.1016/j.outlook.2014.07.004. Epub 2014 Aug 1. PMID: 25172368.
6. Buerhaus, P., Perloff, J., Clarke, S., O'Reilly-Jacob, M., Zolotusky, G., & DesRoches, C. M. (2018). Quality of primary care provided to Medicare beneficiaries by nurse practitioners and physicians. *Medical Care*, 56(6), 484-490